



2ND ANNUAL CONFERENCE ON

Inflammatory Bowel Disease:

Putting Evidence and Expert Opinion into Practice

Friday, March 9, 2018

8:00 pm – 10:00 pm

*Join us for a Pre-Conference Reception to Meet the Faculty!
Drinks and Hors D'oeuvres provided*

Saturday, March 10, 2018

7:00 – 7:50 am

Registration, Breakfast, & Exhibits

7:50 – 8:00 am

Welcome & Opening Remarks

Session A – Therapeutics | Moderator: Ellen Zimmermann, MD

8:00 – 8:40 am

Keynote Address: Hot Topics in IBD for 2018

Gary Lichtenstein, MD

Professor of Medicine | University of Pennsylvania School of Medicine

Director | Center for Inflammatory Bowel Disease | University of Pennsylvania Health System

8:40 – 9:00 am

De-escalating Therapy: If, How, and When

Marcus Muehlbauer, MD

9:00 – 9:20 am

New Therapies for IBD

Sarah Glover, DO

9:20 – 9:40 am

Q&A

9:40 – 10:00 am

Break & Exhibits

Session B – Being a Good Doctor | Moderator: Sarah Glover, DO

10:00 – 10:20 am

Beyond Medications: Managing Stress and Increasing Resilience in our IBD Patients

Laurie Keefer, PhD

Associate Professor

Co-Director, GRITT-IBD

Susan and Leonard Feinstein IBD Clinical Center | Icahn School of Medicine at Mount Sinai New York, NY

10:20 – 10:40 am

Pro-Active Drug Monitoring - A Practical Approach

Ellen Zimmermann, MD

10:40 – 11:00 am

Working With Your Radiologist: Effective Use of Cross Sectional Imaging

Joe Grajo, MD

11:00 – 11:20 am

What's New In Nutrition For IBD?

Angela Pham, MD

11:20 – 11:40 am

Q&A

11:40 – 12:10 pm

Lunch Pickup & Exhibits

Session C – Working Lunch

12:10 – 12:30 pm

Resources for Working with Insurers and Pharma

Tim Edminster, PharmD

12:30 – 2:00pm

Case Presentations

Moderator: Ellen Zimmermann, MD

Panel: Gary Lichtenstein, MD, Laurie Keefer, PhD, Sarah Glover, DO, Angela Pham, MD, Sanda Tan, MD, Joseph Grajo, MD, Vikas Khullar, MD

2:00 – 2:30 pm

Q&A

2:30 pm

Closing Remarks

Ellen Zimmermann, MD

Sunday, March 11, 2018

8:00 – 10:00 am

Breakfast With Gators

Join our faculty for a breakfast buffet and table discussions

➤ **How to advise patients about risks**

➤ **Which biologic to use first**

➤ **Health care maintenance**

➤ **Mesalamine, gut-targeted steroids, and others**

➤ **Pregnancy**

➤ **Chromoendoscopy**

➤ **Alternative Therapies**

